

# SIMPLE WAYS TO REDUCE YOUR CARBON FOOTPRINT AT HOME

Let's help make the world a better place by changing our lifestyle habits to reduce carbon emissions.



**1.**

Cut down on using single use items such as cans, cartons, glass or plastic bottles.

**2.**

Make sure all taps are not leaking, and don't leave them running when not in use. Every drop counts!

**3.**

Go meat-free for a day or longer!

**4.**

Shop locally and ethically.



## MANAGE YOUR WASTE!

- Reuse any items that can be repurposed in other ways.
- Reduce the items you use. What can you do away with?
- Recycle items properly.
- Repair items when possible instead of buying new ones.
- Resell items you don't need but are still in good condition.



Find out more at [www.suntrapcentre.co.uk](http://www.suntrapcentre.co.uk)