



Bringing nature nearer

Eco pod residential checklist

WHAT TO BRING	✓
Packed lunch for day 1, in a backpack including a drink bottle	
Trainers	
Wellies, if you have them, plus thick socks	
Warm coat	
Waterproof coat	
Trousers (3 pairs) – 1 pair shorts for summer	
T shirts (four for a 3 day camp, three for a 2 day camp, long sleeves for winter)	
Sweatshirts (at least two)	
Underwear (enough for two/three days plus spare)	
Socks (enough for two/three days plus spare)	
Night clothes – warm pyjamas or jogging bottoms & a sweatshirt	
Wash kit (don't forget your toothbrush & paste)	
Towel	
Sleeping bag and pillow in a labelled bin bag - a second labelled bin bag is a good idea for going home.	
A torch	
Sun block/sunhat (summer) Gloves/hat (winter)	
All medicines must be given to your teacher, clearly labelled with dosage instructions	
<p>DO NOT bring food in your luggage. No food is allowed in the eco pods. If food or sticky drinks get spilt in your pod it may encourage ants (or worse) in.</p>	
<p>There are no facilities for using hair driers or straighteners, don't forget your hat or scrunchie.</p>	