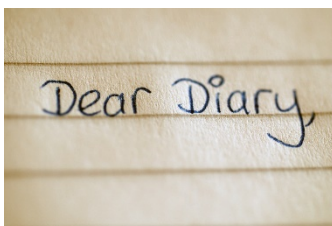


A day in the life of...



Starter activity:

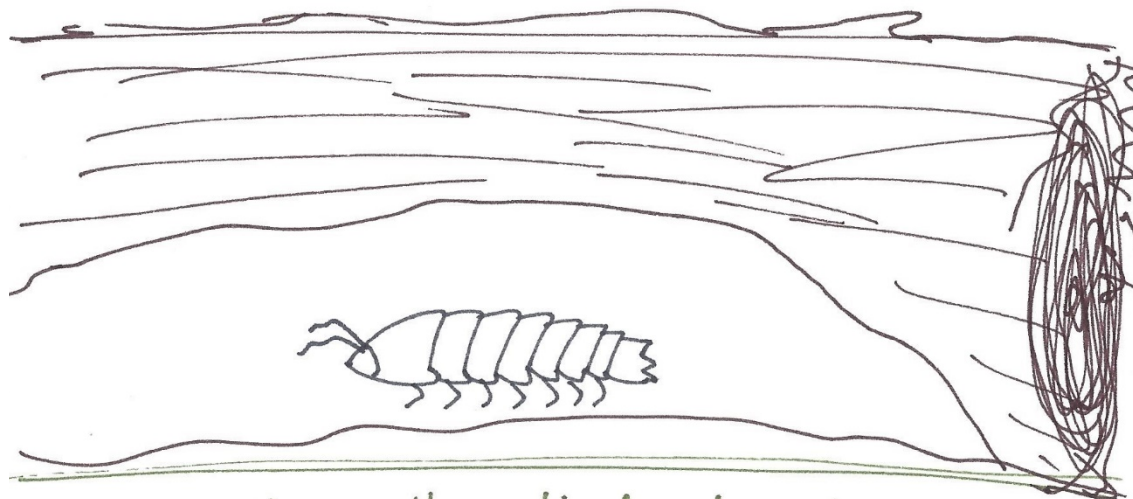
Choose a plant or animal that lives in your area or in Epping forest and find out a bit about it. (You may be lucky enough to have one visit or live right by your house so you can watch it too.)

Main activity:

Write a pretend diary for your subject. Perhaps you could write a year in the life of your favourite tree or a day in the life of an animal. What does it do, where does it go, what does it see and how does it feel? Some of the trees in Epping forest are hundreds of years old, so just imagine what they have seen?!

Bonus activity:

Draw your subject or a scene from its diary. Maybe you could even take a photograph.



Mr woodlouse lived under a log.
One day...