



# Nature's Sounds

For ages 3+

## You will need:

A range of natural materials e.g. pebbles, seeds, gravel, sand, sticks. Containers with lids, cardboard/plastic tubes. Blindfolds optional (make sure everyone playing has a separate blindfold).

Go outside or open a window and listen to natural sounds. If your children cup their hands behind their ears it helps to improve their hearing (just like animals with big ears). To hear sounds behind them, children put their hands in front of their ears and cup them facing behind them. Encourage your children to tell you what they have heard.

Can your children recreate some of the sounds they heard using the natural materials and other things you have around your house? e.g. knocking stones together, [making a rain stick](#) from a hollow cardboard tube & dried peas or beans etc.

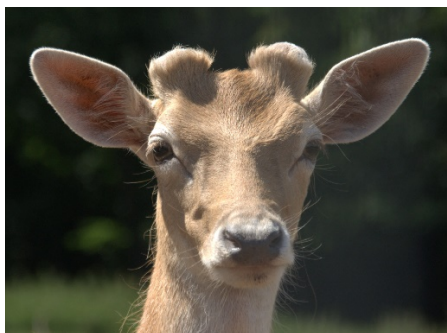
Encourage them to talk about the sounds they are creating e.g. the swishing of the wind in the trees.

## Other ideas:

Your children can share their sounds with other members of the family by standing at either side of a long hollow tube. One makes their sound and the other tells them what the noise sounds like. If the tube is short, you could blindfold the person who is listening.

Make a rhythm and ask children to copy.

Record a piece of your children's nature music to share.



Make your ears like a deer!



Make nature sounds