

## Suntrap Key Stage 1 Activities

Flexible and adaptable programmes which can be tailored to meet your group's needs.

Morning session (10am -12.30pm) led by a Suntrap tutor. You are welcome to bring packed lunches and stay to enjoy an afternoon in the grounds/forest supervised by school staff, with access to a classroom and toilets.

### Amazing animals and plant explorers

Find out about the animals which live at Suntrap and go on a plant adventure in the forest.

Curriculum links: Y1 Science (Plants, Animals including humans)

### Forest sensory trail

Use your senses to explore the forest & try to identify some plants.

Curriculum links: Y1 Science (Plants, Animals including humans, everyday materials and seasonal changes)  
Y2 Science (Living things and their habitats, Animals including humans)



### Comparing animals from different habitats

Meet & handle Suntrap's animals before going out to explore some of the invertebrate animals which live in the forest.

Curriculum links: Y2 Science (Living things and their habitats, Animals)

### Pond dipping (April-October)

Collect & identify animals from one of the Suntrap ponds. Find out about life cycles & food chains.

Curriculum links: Y2 Science (Living things and their habitats, Animals)

### Forest Map Adventure

Plot and follow a route right through the middle of Epping Forest for an adventure which includes paddling in a stream and exploring a fallen tree.

Curriculum links: Geography and Science

### The Gruffalo

Help the little brown mouse to find his way through the forest, meeting a snake, fox and owl enroute. You might even meet the Gruffalo!

Curriculum links: English (Reading – comprehension)

### Shelter Building

Work in groups to plan and build a shelter in the forest using natural materials. Can you make the shelter warm, stable and waterproof? 1:6 adult to child ratio required

*The tutor was clear, enthusiastic and very knowledgeable. Activities were fun, engaging, interesting and the children learnt such a lot.*

**Y1 teacher, Newham**